

**MINUTES OF FROME RUNNING CLUB COMMITTEE MEETING
HELD ON FRIDAY 4TH JANUARY 2008**

ATTENDEES: Jo Fordham, Ted Sprules, Chris Steele, Alan Berry, Jon Coles, Susan White, Sue Watts

APOLOGIES: Emma Bailey, Tony Blatchford, Steve Hibberd, Lisa Hibberd, Mark Aston, Mandy Aston

1) Minutes of the last meeting

Minutes from the meeting of Friday 11th November were approved.

2) Sport Relief

Sport Relief will take place from Friday 14th . Sunday 16th March, with the Sport Relief runq being held on Sunday 16th March. All felt that due to the time of year the rugby field would be too muddy. For this reason it was decided not to use the Rugby Club as a venue.

The other alternative is to use the cricket club and to run round show field which is part tarmac / part gravel. Susan to contact the cricket club to ascertain the use of the club / who we would need to contact regarding permission for use of the field. Susan

3) February Social

The date has been set for Friday 29th February.

Following Susan's e-mail, asking committee members to give their preference for a) sit down meal, b) Buffet + band or c) Buffet + barn dance, the general preference was for b or c.

Susan had spoken to the caterers and has confirmed that the food will be a two course hot buffet with china plates and knives and forks and this was felt to be a good compromise from a full sit down meal.

After some discussion it was felt that a band would make a change. Susan will make some enquiries and Sue and Susan will meet with the caterers to discuss menu options. Susan / Sue

4) 5k Time Trial Route

Nick Best had marked out a proposed route and this was used for the January time trial. Those that had ran the route felt that it worked well. The route has been added to www.mapmyrun.com. It was decided to use the route during the winter months. Susan to issue the new route with member packs and e-mail out all existing members. Susan

Brett Sadler will look at the summer route trying to avoid Gypsy Lane. Brett

Jon asked the committee to note that he would not be doing the time keeping throughout 2008. Sue suggested setting up a rota like we have for the SAS group.

5) Clothing

Susan has received the long sleeved tops and to date 1 has been sold and about 6 have been taken for members to try the fit.

We will need to look at possibly ordering vests but will wait to see what the demand is.

6) Membership

There are 88 members:
50 women and 38 men, which broken down as follows:

41 competing women (3 second claim)
27 competing men of which (1 second claim)
9 non-competing women
11 non-competing men

Jonathan Pincombe and Liz Merrett . new members from last meeting.

It was suggested earlier on in the year to look at the membership pricing but after some discussion it was decided to leave it as it is.

Some cards have been issued with their UKA cards but if anyone has misplaced their number then all queries should be directed to Susan.

- 7) Coaching
Sue is still waiting for Paul Ross to contact her regarding non-qualified members leading groups, although there is some discussion within UKA of how to deal with this, either by qualification or experience. Sue will chase again. Sue
- Jo and Karen are part way through their Level 2 coaching course.
Ruth Scott would like to attend the FIRW course on 20th January in Taunton .
- 8) Finances
Ted reported there was £2700.55.00 in the bank after the tops had been paid for.
- Ted is becoming increasing frustrated at the Nationwide with both queues and time it is taking to get cheques, so proposed a move to the NatWest. We could have a deposit and current account and the account could be dealt with on a cheque book basis. All agreed to this, so Ted will start the process of filling the forms in. Ted
- 9) Correspondence
Ted had received the following:
- Change of address for England Athletics
Election of Regional Council
Nomination form for South West Elections in March
Completion of Age Group Rules Proposal . Juniors
- AGM Notice for AAA . 16th March
- Susan had received the following from UK Athletics:
- Focus South West Newsletter
Entry forms for The Great West Run . ½ marathon + 5k run from Exeter arena
Club update . December 2007
South West Coaching Courses . 2008
Athletics officials Courses . 2007/08
England Athletics . Annual Report . 2006/07
- London Marathon places had been drawn at the Jingle Bell Jog and James Sherwin and Liz Jackson will run for the club.
- Catharine Dowling has a Bath Half Marathon place and is not able to compete. Susan to find out if the place is taken, if not e-mail round to all members. Susan
- 10) Social
The Christmas meal went very well with good feedback about the food.
- The Jingle Bell Jog that took place on Sunday 16th December went very well with 19 members taking part. Photos are on the notice board.
- 9) Website
Susan, Sue and Ted will meet with Frances on 10th January to try and sort the photos out. Sue / Susan / Ted
- Ted had spoken to the camera club and they had received a few orders for photos but the exact number was not known.
- Susan to add the Sunday running schedule to the website. Susan
- 10) Club Sponsorship / Corporate Membership
It was agreed that there was no one suitable at the club for sponsorship at the moment.
- Jo had received one enquiry about the corporate membership. It was decided to try and advertise it further. It applies to family members so if you run but your partner would like to attend the gym then the corporate membership would still be offered. Sue to put in the newsletter / Susan to put out on e-mail. Sue / Susan
- 11) Club Mark
Sue and Jon to set a date with Neil Parsley and Jayne Knowles for them to attend the club. Sue /Jon

- 12) Club Captains
Sue reported that Karen would like to be Club Captain with Tony Blatchford and Jo Fordham as Vice Captains (if no one else comes forward).
- 13) Press Officer
It was noted that this was still vacant at the moment. There were a few members that were not able to commit to helping the club at the moment. Susan to e-mail out with AGM notification.
- 14) Aquathon
Jon had not heard any further details regarding this. Jon to make contact to see if any help is needed.
- 15) Somerset AGM
The main outcome of this was that the Mells Race would be included in the Somerset Series. Susan
We would also need to amend the application to include it as Race 12 (Susan to amend) and to publicise Race No 13.
- Endurance Official Course . 2nd February in Taunton. This course is about time keeping and marshalling and a member of the club would have to attend. Jon thought it would be more appropriate for either of the timekeepers or head marshals attended. Sue to contact Anne, Ali, Steve and Lisa to see if any of them are able to attend. If not Ted said he would attend. Sue
- 16) Grand Prix / Club Championship
15 had finished the Grand Prix
11 had completed the Club Championship
- Prizes would be needed for the above along with Best Improver . Male and Female and Best Newcomer. Sue /Jon to arrange Sue / Jon
- Jon also stated that Cheddar would now block allocate the club a number of places due to lack of availability and it being a Somerset Series race.
- 17) South West Athletic Conference
This is taking place on 1st March if anyone is interested. There are some useful workshops and it is a good networking opportunity.
- 18) Race for Somerset County
As a county team the club had come last. The weather conditions were appalling, although it was a lovely course.
- 19) Frome Sports Injury Clinic
Sue reported that she had written to Pat Laarberg of the Frome Sports Injury Clinic to confirm that we would like them to sponsor the race and offering to put them as a link on our website. Sue / Susan
Sue had also asked for preferential rates for members. Sue will set up a meeting to discuss all of the above. Susan to include in the new member information.
- 20) Mells Church
Sue and Susan had presented the cheque and a photo had appeared in the Standard. Susan had received a thank you note from Rev Martin Weymont.
- 21) Perrett Trail Relay
Sue to put in the next newsletter. Sue
- 22) Any Other Business
Club Captains . Jo asked for a handover from Jon and Sue. Sue to arrange a meeting for herself, Jon, Karen, Tony and Jo. Sue
- Margaret Plummer had asked about some sort of formalization of mileage for those driving to Grand Prix races. Some discussion took place and it was decided that all members who car share should donate a £1 and this should be shared out amongst the drivers.
- This needs to be advertised by e-mail / newsletter and the grand prix poster. Sue / Susan / Club Captains

James / Tony / Nick have set up routes on Mapmyrun. Link to be added to the website and also Susan
new member information.

It's Fun to Run. Sue had about 8 people on the course so far.

AGM . Susan to e-mail re committee members and to advertise AGM.

23)

Date of Next Meeting

The next meeting will be the AGM held on Friday 15th February at 7.30 pm at the Rugby Club.

Also circulated to Brett Sadler and Nick Best.