

**MINUTES OF FROME RUNNING CLUB AGM MEETING
HELD ON FRIDAY 27TH FEBRUARY 2009**

ATTENDEES: Margaret Plummer, Alan Berry, Ted Sprules, Chris Steele, Tony Blatchford, Sue Watts, Fleur Rush, Susan White, Mark Aston, Mandy Aston, Jon Coles

APOLOGIES: Emma Bailey, Karen Evans, Jo Fordham, Nicola Player

1) Minutes of the last meeting
The minutes from the last AGM meeting were approved.

2) Matter's Arising
None.

3) Reports – Chairman
Sue Watts was pleased to be able to report on another positive year for the Club. The new club and vice captains, Karen, Jo and Tony have done a great job in ensuring a smooth transition.

Membership levels reached 100 in 2008, the 100th member being Nick Marriage, who joined the club after the It's Fun to Run! course.

Sue reported that the total membership now stands at 90. This compares to a membership total of 91 last year and 78 the previous year. This is made up of 47 female (1 second claim), 43 male (1 second claim). There are 42 female competing members (1 second claim) and 41 male competing members (1 second claim), with 5 female non-competing members and 2 male non-competing members. Membership from 1st April 2008 has generated £1,195 in income. Sue thanked Susan for her hard work.

Sue reported that the club continues to maintain a high profile in the town and local area, thanks to a number of club ventures. A beginners' course was held in January 2008, attracting a record number of participants, many of whom have continued running with the club. Sue thanked all the leaders for their hard work.

Sue reported that the second Mells trail race also saw the club hitting the local papers, and despite the credit crunch over 130 runners completed the course. Sue commented that feedback from the race was very positive and on behalf of the club thanked everyone for their hard work in making it a successful event. A donation of £50 was given to Mells Playground Committee, a gesture which was greatly appreciated. Local sponsorship was received from Yeo Valley, Avalon Leisure and Running Bath. A new sponsor, Frome Physiotherapy and Sports Injury Clinic was also bought on board. During the year, the club's partnership with the clinic was also extended to include a 10% discount for members which has proved popular.

Sue reported that on the whole there is a good turnout at Wednesday training sessions, with a number of groups heading out on a variety of routes and at different paces. During the year many runners from the SAS group have gone on to run with the different groups, including the steady paced 4 mile group. The SAS continues to operate as a group mainly for novice and recreational runners. Sue thanked those who have helped out as a group leader and those who have acted as "meeters and greeters" on a Wednesday evening in making sure that all members, old and new, are made to feel welcome and comfortable during training and added this is an important part of what we offer.

Sue reported that the Sunday morning social runs remain a regular and popular feature of the club calendar and noted that over the past year we have seen more members attempting races over half marathon and marathon distances. Sue thanked Tony for coordinating these and making sure that information on runs and meeting points is emailed through the relevant people and commented that he had succeeded to make the runs as accessible as possible, with shorter distance loops and later starter times.

Sue reported that on the coaching side it was with regret that in 2008, we said goodbye to Duncan, who moved away from the Somerset area. Sue noted that Duncan has been the club's level 2 coach for a number of years and his speed sessions around Stonebridge and on the Rugby field have been popular with runners of all levels, and were a great addition to the club's training calendar. Last year, Jo and Karen embarked on their level 2 training with a view to taking over speed coaching sessions for the club when completed.

Sue reported that last year's social events included the club's annual dinner dance and awards evening and the Christmas meal. Both events were well attended by members, old and new. Sue noted that in future it would be nice to be able to organize more regular social events.

Sue reported that one final development has been the club is working towards achieving Clubmark status. This is a quality assurance award for sports clubs and involves a lot of work by volunteers, such as Susan and Jon. Sue noted that this will take time to complete but that in the long run achieving Clubmark will only serve to benefit the club.

Sue summed up by saying that it has been another good year for the club and she was aware that this is down to the enthusiasm of its runners and those that have given up their time voluntarily to help out in whatever way. Sue said that it goes without saying that if anyone wants to get involved in helping out then they are very welcome!

Treasurers Report

Ted Sprules handed round the Income and Expenditure for the year. Ted reported that there was £240.75 in the current account, £2,515.80 in the reserve account, making a total of £2,756.55. The stock held by the club is £1,030.

This figure is very similar to last year.

Tony Blatchford has audited the accounts and confirmed that they are a true record.

Club Captain

Tony read out Karen's report on her behalf. Karen's reported that 2008 proved to be a very successful year for the club.

Karen reported that the Grand Prix races were very popular with many competing members and she said it was fabulous to see so many Frome vests at various events across the region. Karen also thanked friends and family who come along to support in all weathers. Karen confirmed that 7 men and 9 women have completed the Grand Prix.

Karen reported that our runners took part in many races local and further afield, with some even managing international events.

Karen reported that 2008 saw the club updating it's logo, which has now been adopted and will soon be seen on club kit and stationery.

Karen reported that the club now offer technical t-shirts and is in the process of ordering zipped and non-zipped hoodies. Karen thanked Susan and Chris for organising this and to Fleur for taking over the kit over at the end of 2008.

Karen reported that the Mells race was added to the Somerset Series for 2008 and had received nothing but praise for the way it was organised and marshalled. Karen noted that it is great to have it as a regular fixture in Somerset.

Karen finished by thanking everybody who makes a positive contribution to the club no matter how big or small.

4) Appointment of Committee Members

The following were unanimously elected to office:

Sue Watts (Chair)	p Susan White	s Fleur Rush
Jon Coles (Vice Chairman)	p Sue Watts	s Susan White
Ted Sprules (Treasurer)	p Fleur Rush	s Jon Coles
Susan White (Membership Secretary)	p Ted Sprules	s Alan Berry
Karen Evans (Club Captain / Press reports)	p Alan Berry	s Susan White
Jo Fordham / Tony Blatchford (Vice Captains)	p Ted Sprules	s Mark Aston

Committee Members

Alan Berry

Chris Steele

Emma Bailey

Mark Aston

Mandy Aston

Margaret Plummer

Fleur Rush

p Sue Watts

s Susan White

The club currently has one vacancy for a Welfare Officer.

6) AOB

None

NEXT ORDINARY MEETING FRIDAY 17th APRIL, 7.30 PM, FROME RUGBY CLUB