

**MINUTES OF FROME RUNNING CLUB COMMITTEE MEETING
HELD ON FRIDAY 22ND MAY 2009**

	<p>Present: Sue Watts, Tony Blatchford, Alan Berry, Mark Aston, Ted Sprules, Fleur Rush Apologies: Jon Coles, Chris Steele, Emma Bailey, Susan White, Karen Evans, Jo Fordham</p>	
1	<p>Minutes of the Last Meeting</p> <p>The minutes of the meeting held on 15th January 2009 & the notes from the post-AGM meeting 27th March 2009 were approved</p>	
2	<p>Matters Arising</p>	
	<p><u>Club Kit</u> Fleur reported that the hoodie sales had gone well & she held a small stock of spares. She reported that some new club vests would need to be bought & wondered whether they should have the new Frome Running Club logo on them. The concern being that there was still a small stock of old Frome AC kit as well as the current Frome kit. It was agreed to keep the kit as is & to sell off the old Frome AC kit at bargain prices on a first-come-first-served basis: Frome AC vests £1/each; Frome AC long sleeved £5/each. Sue to advertise this in the forthcoming newsletter. Fleur agreed to e-mail members to gauge interest for new kit & what sizes are required as she will have to place a minimum order of about 25 vests.</p>	<p>Sue Fleur</p>
	<p><u>Finances</u> Ted reported that there was £1015.63 in the Current Account & £2086.50 in the Reserve Account. Susan is unable to be as active in the club as she has moved away from the area & it was felt that a new 3rd signatory for the club chequebook was required. Alan offered to be the new 3rd signatory. Ted to enquire how to do this. It was agreed at the meeting that Sue could co-sign a cheque for her expenses for the beginners course of £48.40.</p>	<p>Ted</p>

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<p><u>Mells Race</u> It was reported that Brian Beale has agreed to referee the race this year.</p> <p>Sue reported that she had met with Amanda, the owner of Frome Physio & Sports Injury Clinic & discussed the Clinic's sponsorship of race mementoes. They have taken the ideas away for consideration.</p> <p>They have stated that they want to be the main sponsor &, as such, don't want other sponsors names appearing on the mementoes.</p> <p>The Clinic was keen to offer free physio sessions at the end of the race but this was seen as an impractical service to offer logistically. Sue to contact the Clinic to see whether they've made a decision.</p> <p>It has been confirmed that the £2 extra race fee for unaffiliated runners can be returned to the club through the Run Britain scheme as long as the appropriate logo is used on the race form.</p> <p>Susan has already set up an online entry form through the Runner's World website</p>	
<p><u>Membership</u> 45 members: 26 female & 19 male. With a breakdown as follows: 20 female competing members, 14 male competing members; 2 female non-competing members, 3 male non-competing members.</p> <p>5 resignations: John Bryant-Jefferies, Rebecca Eleanor, Kathryn Maidment, Lesley Hooper and Suzanne Williams.</p> <p>Susan has stated that she wishes to stand down as membership secretary as soon as a new volunteer can be found. She has agreed to process new members/renewals until then. Sue to advertise for a new secretary. Fleur is prepared to do it if no volunteers come forward & if someone is prepared to take on the running kit.</p> <p>It was discussed that membership payments are very slow. Membership is due at the beginning of April & to date only approximately 50% of members have renewed their membership. Susan has sent out fee reminders. It was discussed how you get members to pay promptly & there was concern about some lapsed members running in races in Frome kit.</p> <p>Fleur suggested that standing orders could be set up for next year's membership (it works very successfully for Frome Town Youth Band). Ted to enquire at the bank how to do this.</p>	<p>Sue</p> <p>Ted</p>

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	<p><u>Club Mark</u> This is still under review. One of the delay factors is the availability of the Club For All Course. There are no courses available for the next 6 months!</p> <p>The new club membership forms now have included on them whether the applicant is a qualified first-aider, in preparation for the Club Mark accreditation.</p>	
	<p><u>Beginners' Course</u> Sue reported that the recent 12 week course finished in April. This was the first course to charge people & this proved more successful in keeping up the attendance levels: 12 people attended the course & 2 of these have already joined the club, with 2 more expected to join.</p> <p>A donation of £5 per beginner has been donated to the club.</p> <p>Sue announced that she needs a year off from leading this course. Tony said he might be able to lead next year's course.</p> <p>It has become apparent that more Fitness in Running & Walking coaches are needed in the club & Sue will put in an appeal for volunteers in the next newsletter.</p>	Sue
	<p><u>Autumn Marathon</u> In the light of the current financial climate the plans for the Amsterdam marathon have been changed to Abingdon. No complex travel plans to organise anymore!</p>	
	<p><u>2009 Grand Prix Events</u> Tony handed over the latest Grand Prix schedule so that the Website could be updated. Sue to do this. Several changes have had to be made due to race cancellations. The Mendip Arts & Leisure Walk will not be represented by the club now as it clashes with the Warminster Forest Race on 21 June</p>	Sue
3	AOB	

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	<p>Weekend Runs in June – Tony handed over a list of planned runs.</p> <p>Parrett Trail Relay Race – Mark mentioned this race which takes place on 17 October & requires teams of 6 runners (can be mixed teams).</p> <p>Speed Sessions – Ted is happy to hold speed sessions on the track at the college every 4th week.</p> <p>Club Summer Schedule: Week 1 – time trial Week 2 – Yeovilton race series Week 3 – Speed session Week 4 – Off Road session</p>	
4	<p>Date of Next Meeting Friday 3 July 19:30 at Frome Rugby Club</p>	